

REGULATIONS OF PARTICIPATION AND CREDITING OF PHYSICAL EDUCATION CLASSES AT THE UNIVERSITY OF LODZ

1. Physical Education is a **compulsory** subject and credited with a grade in a semester.
2. PE classes are held once a week and are two didactic hours long (2 x 45 minutes).
3. The student chooses one type of classes from the disciplines proposed by the Department of Physical Education and Sport of the University of Lodz for an academic year. The choice of classes is final and valid for the entire semester. The discipline should be chosen for the whole semester but a change of the discipline by a student during the semester may take place due to specific health contraindications for attending classes in the chosen discipline.
4. The enrollment for PE classes takes place electronically (token registration) not later than a week before the start of didactic classes at the University of Lodz (according to the academic calendar) and lasts three weeks. The full information for the student is available on the website of the Department of Physical Education and Sport posted at least two weeks before the start of registration.
5. A failure of a student to register for classes electronically results in the loss of the possibility to complete the course in the semester. The student is obliged to transfer physical education classes to the next semester.
6. The basis for completing the compulsory physical education classes is the participation in 12 classes. The absence must be made up within the same discipline as soon as possible. The classes can be made up no more than once a day. Additional classes are proposed at the end of each semester and the information is then posted on the website of the Department of Physical Education and Sport not later than a month before the end of didactic classes (according to the academic calendar).
7. A student who was absent from 50% of the classes is not allowed to make up for them. If the absences were caused by health problems or random events, the student is obliged to transfer the classes to the next semester.
8. Only **PEOPLE WHO HAVE A DECISION OF DISABILITY** may apply for completing physical education with a medical exemption. They do not take part in the token registration.

Students who previously had a complete sick leave from sports activities, people with dysfunctions (posture defects, eye defects, chronic injuries, etc.) should get a model of a medical certificate from the website of the Department of Physical Education and Sport and consult a doctor to choose the appropriate type of activity for their health condition (e.g. bridge, physical rehabilitation, health gymnastics, etc.). Students temporarily unable to participate in physical education classes for health reasons may apply for the transfer of physical education to the next semester or academic year on the basis of the doctor's decision on the certificate.

9. Physical education classes are credited (without the need to participate) to active competitors of the sports sections of KU AZS UŁ, members of the "Kujon" Dance Team, members of the national team after presenting a certificate from the relevant Polish Sports Association.

10. The Dean of the student's faculty, on their request, may recognize the credit for physical education classes if the student has completed them (with a grade) during studies in a different field at the University of Lodz or another University in Poland or abroad.

11. In exceptional cases, the way and form of conducting physical education classes, not included in the regulations, is agreed by the student with the head of the Department of Physical Education and Sport of the University of Lodz or his deputies.